

25 Principles of Healing in *A Course in Miracles*

1. One illness is not harder to heal than another.
2. The healer's sole responsibility is to accept the Atonement himself.
3. You heal by seeing past the patient's sick beliefs and "sinful" deeds.
4. You heal by realizing you do not have to change the patient.
5. You heal by seeing the patient's body and its sickness as unreal.
6. To heal, it is necessary to understand the mind's purpose in making the body sick.
7. To heal, it is necessary to understand the fear of healing.
8. The patient is not a victim of a dangerous world, but is the commander of his situation, the dreamer of his dream.
9. The proper aim of healing is not the body, but the mind.
10. The patient is the same as you and one with you.
11. The patient is your equal.
12. You are not in charge of the healing process nor responsible for its outcome; "the Holy Spirit is the only Healer."
13. You do not give the patient something from outside of her; you merely help her connect with the wholeness already within.
14. The Holy Spirit decides on the specific treatment.
15. Do not doubt the Power in you.
16. Healing occurs when, in a holy instant, you step outside your normal frame of reference.
17. You heal by forgiving the patient.
18. You heal by aiding the patient's own forgiveness process.
19. Your true perception is what heals; not your behaviors, your words, your hands or the energy you move around.
20. Calling on Jesus is part of healing, but not because this is a magical invocation.
21. You heal through your happiness.
22. Healing others is not a sacrifice; it is the holy road to happiness.
23. The healer's reward lies not in approval, congratulations or money, but in the giving itself, which reinforces the healer's own healing.
24. If symptoms persist, trust that the patient received the healing; do not repeat it.
25. Self-doubt and self-concern represent a reliance on the false self (which excludes God) and an absorption with the false self (which excludes the patient).

From the '25 Principles of Healing' ebook by Robert Perry.

The 48-page ebook is available to purchase at coa-store.org.